

## Reference Lists of Normal Range

	Output	Journal
1	<b>Body Water</b>	Heyward VH and Stolarczyk LM. Applied Body Composition Assessment. <i>Human Kinetics</i> pp 44, 1996.
2		Fomon SJ, Haschke F, Ziegler EE. Body composition of reference children from birth to age 10 years. <i>Am J Clin Nutr</i> 35:1169-1175, 1982.
1	<b>Protein</b>	Brozek J, Grande F, Anderson JT, Keys A. Densitometric analysis of body composition: Revision of some quantitative assumptions. <i>Ann N Y Acad Sci.</i> 1963 Sep 26;110:113-40.
2		Wang ZM, Pierson RN Jr, Heymsfield SB. The five-level model: a new approach to organizing body-composition research. <i>Am J Clin Nutr.</i> 1992 Jul;56(1):19-28.
3		Fomon SJ, Haschke F, Ziegler EE. Body composition of reference children from birth to age 10 years. <i>Am J Clin Nutr</i> 35:1169-1175, 1982.
1	<b>Mineral</b>	Brozek J, Grande F, Anderson JT, Keys A. Densitometric analysis of body composition: Revision of some quantitative assumptions. <i>Ann N Y Acad Sci.</i> 110:113-40, 1963.
2		Lohman TG. Advances in Body composition Assessment: Current issues in Exercises “Dual Energy Radiography: Total Body and Regional Composition” <i>Human Kinetics Publishers</i> pp. 25-36.
3		Wang ZM, Pierson RN Jr, Heymsfield SB. The five-level model: a new approach to organizing body-composition research. <i>Am J Clin Nutr.</i> 1992 Jul;56(1):19-28.
4		Fomon SJ, Haschke F, Ziegler EE. Body composition of reference children from birth to age 10 years. <i>Am J Clin Nutr</i> 35:1169-1175, 1982.
1	<b>Body Fat</b>	Lohman TG. Advanced in body composition assessment - Current issues in exercise science series. Champaign-IL: <i>Human Kinetics.</i> pp 80. 1992.
2		Fomon SJ, Haschke F, Ziegler EE. Body composition of reference children from birth to age 10 years. <i>Am J Clin Nutr</i> 35:1169-1175, 1982.
1	<b>Skeletal Muscle Mass</b>	Heymsfield SB, Smith R, Aulet M, Bensen B, Lichtman S, Wang J, Pierson RN Jr. Appendicular skeletal muscle mass: measurement by dual-photon absorptiometry. <i>Am J Clin Nutr.</i> 52(2):214-8, 1990.
2		Ito H, Ohshima A, Ohto N, Ogasawara M, Tsuzuki M, Takao K, Hijii C, Tanaka H, Nishioka K. Relation between body composition and age in healthy Japanese subjects. <i>Eur J Clin Nutr.</i> 55(6):462-70, 2001.
1	<b>Percent Body Fat</b>	Heyward VH and Stolarczyk LM. Applied body composition assessment. <i>Human Kinetics.</i> pp.8.
2		Lohman TG. Advanced in body composition assessment - Current issues in exercise science series. Champaign-IL: <i>Human Kinetics.</i> pp 80. 1992.
3		Lee RD and Nieman DC. Nutritional Assessment(second edition), pp.264.
4		Bray GA. Contemporary Diagnosis and Management of Obesity. pp.13, 1998.
5		Mahan LK and Escott-stump S. Krause’s Food, nutrition & diet therapy 9 <sup>th</sup> edition. WB Saunders Co. pp 455.
6		Brown JE. Nutrition Now 2nd edition. Wadsworth Publishing Company. pp 9-3. 1999.
7		Tahara Y, Moji K, Aoyagi K, Tsunawake N, Muraki S, Mascie-Taylor CG. Age-related pattern of body density and body composition of Japanese men and women 18-59 years of age. <i>Am J Hum Biol.</i> 14(6):743-52, 2002.
8		Advanced fitness assessment and exercise prescription. Heyward VH. <i>Human Kinetics.</i> pp. 162.